



Seafood Special

S1. KANG THALAY (Seafood Curry) 39.50 
Combination seafood (king prawns, calamari, scallop, fish fillet) cooked in panang and red curry sauce with coconut milk, carrots, kaffir lime leaves and coriander.



S2. CHOO CHEE CURRY (Prawn or Scallop Curry) 
King prawns or scallops cooked in red curry sauce with coconut milk, carrots, coriander and pineapple.
Prawn Curry 38.50 Scallop Curry 39.50



S3. PRAWNS and CASHEW NUT 38.50
Stir-fried king prawns and seasonal vegetables sautéed with our special sauce and topped with cashew nuts.

S4. SIZZLING GARLIC PRAWNS or SCALLOPS
Stir-fried king prawns or scallops in garlic and coriander sauce with seasonal vegetables. Served on a sizzling hot plate (contains butter).
Sizzling Prawns 38.50 Sizzling Scallops 39.50


S5. THALAY JAN RON (Sizzling Seafood) 39.50
Stir-fried combination seafood (king prawns, calamari, scallops and fish fillets) with vegetables in soy-garlic sauce. Served on a sizzling hot plate (contains butter).



S6. TAMARIND PRAWNS 38.50
King prawns lightly battered and coated with tasty tamarind base sauce topped with crispy shallots.

S7. PLA SNAPPER (Market Price - Check Availability)

Deep-fried snapper (whole or fillet) with special sweet-chilli and tamarind sauce.

Steamed whole snapper in spicy garlic-lime juice sauce. 



S8. PLA AYUTTAYA (Salmon Ginger) 38.50
Pan-fried salmon steak in special ginger sauce topped with sesame seed. (Check availability)

S9. SALMON and PRAWN CURRY 44.50
Pan-fried salmon steak topped with king prawns in red curry sauce with pineapple and carrots (Check Availability)



Extras

| | | | |
|--|-------|--------------------|-------|
| Jasmine Rice (per person) | 3.00 | Coconut Rice | 6.00 |
| Roti Bread (with peanut satay sauce) | 5.00 | Sticky Rice | 5.00 |
| Prawn Crackers (with peanut satay sauce) | 6.00 | Steamed Noodles | 8.00 |
| Fresh Salad (with sweet chilli sauce) | 14.00 | Steamed Vegetables | 10.00 |
| | | Chips | 10.00 |

Added in the Dish

| | | | |
|---------------------------------------|-------|----------------------------------|------|
| Extra Vegetables | 7.00 | Extra Tofu | 5.00 |
| Extra Cashew Nuts | 5.00 | Extra Seafood (charge per piece) | |
| Extra Meat | 10.00 | | |
| (Minimum portion Chicken/ Beef/ Pork) | | | |

For safe food handling, we are not able to pack left over food for you. However, we can provide takeaway containers for you to pack your own. Just ask one of the staff and we will gladly bring it to your table.

DINING MENU

Howick's favourite Thai Restaurant for 25 years

Benjarong

THAI RESTAURANT

Ph: 09 533 9568

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Email: benjaronghowick@hotmail.com

www.benjarong.co.nz

FULLY LICENSED & BYO WINE



Entrée

1.1 CHICKEN SATAY (3 skewers) 15.00 
Marinated chicken in skewers with special peanut satay sauce

1.2 THAI SPRING ROLLS (4 pieces) 13.50
Chicken or vegetarian spring rolls served with sweet-chilli sauce.

1.3 CHICKEN & PRAWNS ON TOAST (3 pieces) 16.50
Deep-fried marinated chicken with herbs on toast, topped with tiger prawns and drizzled with sweet-chilli sauce


1.4 CURRY PUFF (3 pieces) 14.50
Puff pastry filled with chicken curry and potatoes

1.5 BEEF SATAY 15.50
Marinated beef slices with special peanut satay sauce and deep-fried vegetables on the side


1.6 COMBINATION ENTRÉE 17.00
A bit of everything (chicken and beef satay, spring roll, chicken on toast and curry puff)



8.1 ENTRÉE JAE (Vegetarian Entrée) 13.50 
Medley of crispy deep-fried vegetables and tofu served with peanut satay sauce and sweet chilli sauce.

GOONG PAO SATAY (Prawn Satay) 17.50 
Grilled marinated king prawns on skewer with special peanut satay sauce and pickled vegetable on the side.




W1. RICE PAPER WRAPS 16.00 
Healthy and fresh rice-paper wraps with king prawns, fresh vegetables, rice noodles and special sauce (contain nuts).



Soups

2.1 TOM YUM SOUP 
Hot and sour soup with coconut milk, mushroom, tomato, chilli and lemongrass.

2.3 TOM KHA SOUP 
Mild galangal soup with mushrooms, lemongrass and coconut milk.



| | Entrée | Main |
|------------|--------|-------|
| Prawns | 14.00 | 34.50 |
| Chicken | 14.00 | 32.50 |
| Vegetarian | 14.00 | 29.00 |

EXTRA FRESH CHILLI ON THE SIDE 1.00 (Chilli with soy sauce or Chilli with fish sauce)

Some dishes can be adjusted to your chilli preference, please request when ordering.

Very Mild
Mild
Medium

Medium to Hot
Hot
Thai Hot

Light & Healthy

- 3.1 THAI BEEF SALAD** 30.50
Tender beef slices with onion, roasted chilli paste, tomato, cucumber and lemon juice, topped with crispy noodles.
- 3.2 LARB GAI** 29.50
Minced chicken cooked in aromatic Thai herbs, onion, coriander, chilli and lemon juice.
- 3.3 THAI PRAWN SALAD** 38.50
King prawns salad with lemon juice, roasted chilli jam, fresh coriander and crunchy apple slices.

Rice & Noodles

- 4.1 PAD THAI NOODLES**
Traditional stir-fried soft rice-noodles with egg, bean sprout, spring onion and chopped peanuts.
Chicken 29.50 Prawns 32.50
Vegetarian w/ Tofu 29.00
- 4.2 THAI FRIED RICE**
Thai fried rice with egg and mixed vegetables.
Chicken 27.00 Prawns 29.50
Vegetarian 23.50
- 4.5 TOM YUM SOUP with NOODLES**
Hot and sour soup with chilli, vegetables, coconut milk, rice noodles, spring onion, coriander and chopped peanuts.
Chicken 28.50 Prawns 31.50
Vegetarian w/ Tofu 27.50



Main - Curries

- 5.1 THAI GREEN CURRY**
Original Thai green curry with coconut milk, krachail, kaffir lime leaves, bamboo shoot slices and seasonal vegetables.
- 5.2 THAI YELLOW CURRY**
Original Thai yellow curry with coconut milk, onion slices and seasonal vegetables.
- 5.6 THAI RED CURRY**
Original Thai red curry with coconut milk, kaffir lime leaves, bamboo shoots slices and seasonal vegetables.
- 5.8 JUNGLE CURRY**
Famous curry in Thailand with hot red curry paste, krachail, kaffir lime leaves, eggplant, bamboo shoot slices, mushroom and other seasonal vegetables (no coconut milk).

Prawns 38.50 Chicken | Beef | Pork 32.50
Vegetarian | Tofu (Vegetarian) 31.50



HANGLAY CURRY

Main - Stir Fries

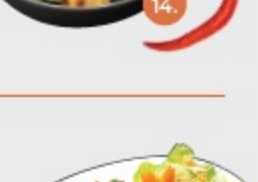
- 7.2 STIR-FRY with CASHEW NUTS**
Our famous stir-fried dish with seasonal vegetables in our special soy-based sauce and topped with cashew nuts.
Chicken | Beef | Pork | Tofu 33.50
- 8.4 PAD PAK RUAM** 29.50
Stir-fried seasonal vegetables with soy sauce and topped with cashew nuts (vegan sauce).
- 7.3 PAD KAPAO**
Stir-fried dish with meat slices and seasonal vegetables in spicy chilli-basil paste.
Chicken | Beef | Pork | Tofu 32.00
- 7.4 STIR-FRY with OYSTER SAUCE**
Stir-fried dish with seasonal vegetables sautéed with special oyster-flavoured sauce.
Chicken | Beef | Pork | Tofu 32.00
- 7.6 THAI SWEET and SOUR**
Stir-fried dish with vegetables and pineapple in traditional Thai sweet and sour sauce.
Prawns | Fish 38.50
Chicken | Beef | Pork 32.00
Vegetarian | Tofu (Vegetarian) 31.00
- 7.9 STIR-FRY with GINGER**
Stir-fried dish with ginger and seasonal vegetables.
Prawns | Fish 38.50
Chicken | Beef | Pork 32.00
Vegetarian | Tofu (Vegetarian) 31.00

Main - Specials

- FIVE STAR PORK** 38.00
Braised pork belly cooked with five-spice seasoning, star anise and cinnamon stick, served with vegetables.
- 5. MOO WAN** 34.00
Stir-fried pork slices in sweet dark soy-garlic-ginger sauce and topped with macadamia nuts.
- 6. KATA BENJARONG (Sizzling Chicken or Beef)** 34.50
Stir-fried chicken or beef slices with vegetables and pepper sauce, topped with sesame seeds. Served in a sizzling hot plate (contains butter).
- 10. GAI GARLIC** 33.50
Stir-fried chicken with special garlic-pepper and coriander sauce, leeks and carrots.
- 14. HONEY HONEY CHICKEN** 33.50
Marinated chicken sautéed with special honey-soy-ginger sauce with pickled vegetables on the side (contains egg).
- 16. PRARAM**
Stir-fried seasonal vegetables with tender slices of meat topped with peanut satay sauce.
Chicken | Beef | Pork 32.50
Vegetarian | Tofu (Vegetarian) 29.50

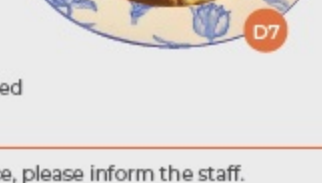


FIVE STAR PORK



Duck Specials

- D1. NOODLE DUCK** 35.50
Thai style stir-fried egg-noodles with roasted duck slices, egg, dark soy sauce and vegetables.
- D2. ROASTED DUCK CURRY** 36.50
Roasted duck slices in red curry sauce with coconut milk, vegetables, pineapple and grapes.
- D3. GARLIC DUCK** 38.00
Tender slices of roasted duck breast and vegetables topped with special garlic-pepper-coriander sauce.
- D4. PAD KAPAO DUCK** 35.50
Stir-fried dish with duck slices and seasonal vegetables in spicy chilli-basil paste.
- D5. PED SAPARROS (Crispy Duck)** 35.50
Crispy battered duck slices with special crispy duck sauce and pineapple (contains butter).
- D6. DUCK AND CASHEW NUTS** 36.50
Stir-fried roasted duck slices sautéed with our special soy-based sauce, seasonal vegetables and topped with cashew nuts.
- D7. DUCK PALO** 36.50
Tender duck slices cooked with five-spice seasoning, star anise and cinnamon stick, served with vegetables and boiled egg.



EXTRA FRESH CHILLI ON THE SIDE 1.00 (Chilli with soy sauce or Chilli with fish sauce)

Some dishes can be adjusted to your chilli preference, please request when ordering.

Very Mild
 Mild
 Medium
 Medium to Hot
 Hot
 Thai Hot

NOTE: Rice is not included in the meal

| | | | |
|------------------------------|-------|-----------------|------|
| Jasmine Rice (per person) | 3.00 | Sticky Rice | 5.00 |
| Roti Bread with peanut sauce | 5.00 | Coconut Rice | 6.00 |
| Steamed Vegetables | 10.00 | Steamed noodles | 8.00 |

If you have any allergy or food intolerance, please inform the staff.
(Some dishes may contain traces of allergens due to the nature of our working environment)

GLUTEN FREE sauces are available, please request when you orders.